

South Canadian Valley Church of Christ  
c/o Larry Minson  
1525 Oakhurst Ave.  
Norman, Ok. 73071



**SOUTH CANADIAN VALLEY CHURCH OF CHRIST**  
2217 24th Ave SW - Norman, Okla. 73072 - Phone 405-364-4051  
January 28th, 2024 Issue #1337



**Website:** [normanchurch.com](http://normanchurch.com) - **Email:** [normanscvelders@gmail.com](mailto:normanscvelders@gmail.com)

**Facebook:** [facebook.com/scvchurchofchrist](https://facebook.com/scvchurchofchrist) - **Podcast:** <https://normanchurch.buzzsprout.com/>

**Elders**

Glen Taylor   Bruce Kessler   Mark Woody  
Craig Hayes

**Deacons**

Travis Ashley   Larry Minson  
Leslie Jones

**Our Mission and Commitment Statement**

*As Christ's church our purpose is to go and make disciples of Christ, foster their spiritual growth, and equip them to serve the church and the community, thereby glorifying God.*

**Church Service  
Schedule**

**Sunday Mornings 10:00**

Additional services at 1:00 on 2nd Sundays

**Wednesday Evenings 7:00**

**Location: 2217 24th Ave SW  
Norman, Okla.**

From HW 9 and 24th Ave SW, go two  
blocks south (on the left)

**(check inside for more detailed monthly  
scheduled activities & information)**



to our visitors. We're very happy to have you here with us today. We hope we have made you feel welcome and invite you to be back with us anytime. Let us know if you have any questions or if we can help you in any way. Please fill out a visitors card.

Call if you need a ride to Church:

**Bruce Kessler      405-820-8474**  
**Travis Ashley     405-818-1144**

**Verse:** Ephesians 4:22-23 (KJV)  
*That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; and be renewed in the spirit of your mind.*

**Thought**

We are made new when we become Christians. Most of us, however, have moments when the old way of life erupts and wants to make its presence known. This means that being new is a lifetime decision we must make each day. As we make that commitment and

seek to follow the Lordship of our Savior, the Holy Spirit's power (that Paul talks about all through Ephesians) is promised to us and the Spirit's goal is to mature us to be like Christ. (Eph. 4:12-16; 2 Cor. 3:18)

**Prayer:**

*Almighty God and dear Heavenly Father, please bless me today as I seek to live as a new person — cleansed, made holy, and empowered by your Spirit. Give me a new and clean mind as I intentionally put aside my old habits and desires. In Jesus' name I pray. Amen.*

*By Phil Ware*



*Set Your Mind On Things Above*

**Men's Study** - Tomorrow Evening, January 29  
We will meet at the building at 7 PM

**New Song/Singing Night - Friday, February 2nd**  
Please join us in the fellowship room on Friday, February 2nd, to learn new songs and sing together. This will be from 7:30-9:30. Bring a new song to try if you'd like. Contact Craig or Emily with questions.

**The Ladies Bible Study**  
The next ladies Bible study will take place at 7:00 p.m. on Thursday, February 22nd at the Church building.

**Volunteer for 2024 Responsibilities**  
There are sign-up sheets on the foyer table for volunteers to prepare communion and to serve as greeters for the new year. Remember, if you sign up for a month but have one of the Sundays where you will not be there, you can find coverage. Don't let signing up for a full month seem overwhelming. Thank you for helping out!

**We have switched to "Facebook Live" from "Zoom".**  
Access this at [www.facebook.com/scvchurchofchrist](https://www.facebook.com/scvchurchofchrist)

January Greeters	Joann Thompson
January Communion Prep	Winslow's
February Greeters	Chris & Jean
February Communion Prep	Joanna & Christie

January Sunday 2024 Schedule				
	7	14	21	28
AM Speaker	Bruce Kessler	Chris Taylor	Dustin Gaskins	Mike Minson
1 PM Speaker		Isaac May		
Communion Lead	Craig Hayes	Chris Hutcherson	Jordan Winslow	Travis Ashley
Usher	Chaney Jones	Brandon McCorkle	Cuinn Hayes	Tanner May
Usher	Mark Barrett	Jacob McCorkle	Tanner May	Joe Addison
Usher	Tanner May	Larry Minson	Paul Woody	Mark Barrett
Usher	Leslie Jones	Rick Boaz	Corbin Hall	Jordan Winslow
Reading	Isaac May	Mark Barrett	Jacob McCorkle	Chase Barrett
Prayer	David Robinson	Joe Addison	Chris Hutcherson	Rick Boaz
AM Songs	Corbin Hall	Leslie Jones	Craig Hayes	Brandon McCorkle
AM O/C	Travis Ashley	Bruce Kessler	Leslie Jones	Craig Hayes

January Wednesday 2024 Schedule					
	3	10	17	24	31
Speaker	Singing & Pizza	Leslie Jones	Dale Danser	Brandon McCorkle	Clyde Woody
Text					
Subject					

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"Carrots, eggs, and coffee," she replied. He brought her closer and asked her to feel the carrots. She did and noted that they were soft. He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, he asked her to sip the coffee. She smiled as she tasted its rich aroma. She humbly asked. "What does it mean father?"

He explained that each of them had faced the same adversity, boiling water, but each reacted differently. The carrot went in strong, hard, and unrelenting. But after being subjected to the boiling water, it softened and became weak. The egg had been fragile. Its thin outer shell had protected its liquid interior. But after sitting through the boiling water, its inside became hardened. The ground coffee beans were unique however. After they were in the boiling water, they had changed the water. "Which are you," he asked his daughter. "When adversity knocks on your door, how do you respond? Are you a carrot, an egg, or a coffee bean? "

How about you? Are you the carrot that seems hard, but with pain and adversity do you wilt and become soft and lose your strength? Are you the egg, which starts off with a malleable heart? Were you a fluid spirit, but after a death, a breakup, a divorce, or a layoff have you become hardened and stiff? Your shell looks the same, but are you bitter and tough with a stiff spirit and heart? Or are you like the coffee bean? The bean changes the hot water, the thing that is bringing the pain, to its peak flavor reaches 212 degrees Fahrenheit. When the water gets the hottest, it just tastes better.

If you are like the bean, when things are at their worst, you get better and make things better around you. When people talk about you, do your praises to the Lord increase? When the hour is the darkest and trials are their greatest, does your worship elevate to another level?

How do you handle adversity? Are you a carrot, an egg, or a coffee bean?

(By Eric Mansfield)

## Praying for you

**James 5:16** - *Confess your faults one to another, and pray one for another, that you may be healed. The Effectual fervent prayer of a righteous man availeth much.*

If you need prayers from the church, please call or text Larry at **405-820-9506** or April at **405-833-7207** or email us at: **Lminson319@gmail.com.**

Jay Wagner is asking for prayers for a friend, Rebecca Justice. Rebecca has a newborn baby with a defective heart. Surgery will be done this week.

Dustin Claunch's father suffered a stroke last week due to a clot in a neck artery. They are also

treating inflammation in the artery. He is home now and his eyesight has returned.

Mark Woody's stepmother, Alicia Kelly has a mass on her lung. She is in a hospital in Florida.

Della Combest's daughter-in-law, Laura Combest, has been diagnosed with Alzheimer's.

Susan Hutcherson is asking for prayers for her mother, Audra Paris, who suffered another fall. She would love cards. Her address is "Audra Paris, c/o Rivermont Independent Living, 800 Canadian Trails Dr, Apt 304, Norman, OK 73072.

John Robinson is recovering from foot and ankle surgery last 2 weeks ago. Please pray that he has relief from the pain.

Linda Thompson is suffering from back pain but she will not be having surgery in February as previously thought. She has a nurse assisting her.

Joann Thompson's sister, Linda True, is now in rehab after hip surgery.

Joe Addison's sister-in-law, Rhonda Addison has been diagnosed with early stage cancer.

Tanya Speights had a heart Ablation done a few weeks ago and is in stage 4 Kidney disease.

Wanda Hames is living in an assisted living center, "Harbor Chase", 10801 S. May in OK City. She is in room 130A. She would appreciate visits, cards and letters.

Please pray for Taylor Epperson, a 22 year old niece of a dear friend of the Addison's. They also would also appreciate your prayers for relief of his migraine headaches for Keith Schlitter. Keith is waiting to see the doctor.

### Suffering with cancer:

Susan Hutcherson with NET Cancer \* Jerry McCorkle \* Sheila Dorn's mother, Clara Kaniato-be has lung cancer \* Amon's aunt Tamantha Simmons with stage 1 cancer \* Sean Hanley's wife Laurie with Colon Cancer \* Joe Addison's sister-in-law Teresa Addison \* Brantley's mother, Melissa Hightower \* Arlinda Gleffe, a friend of Tanya Speights with breast cancer \* Nicole Robinson's brother, Chris has Leukemia \* Lakela Whinery's cousin, Hayden Reagan has Leukemia.

### Always keep in our prayers:

Bruce Kessler with Parkinson's Disease \* Cassia Woody suffers with POTS \* Linda Thompson's brother, Jerry McNichols suffers with extreme Arthritis \* Chris Hutcherson's father, Dan Hutcherson suffers with chronic pain. \* Jim & Bonnie Osborne with chronic pain \* Joe Addison's mother, Ruthie Addison \* Leslie Jones' mother with COPD \* Loraine Ashley with a severe autoimmune disorder \* Dean Howard \* Wanda Hames

**Please keep in your prayers those serving in the military & all first responders.**



# January

Macy Barron	9th
Joanna Hall	9th
Tammy Boaz	11th
Makayla Kessler	15th
Alora Gaskins	15th
Tedi Holland	21st
Victor Moyer	24th
Susan Hutcherson	24th
Leslea Hale	27th
Jeff Uhter	28th
Rick Boaz	29th
Leslie Jones	30th

# February

Brantly Hightower	1st
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*If your birthday or anniversary was left out, let Larry or April know.*

# January Anniversaries

If you have an anniversary in January, let Larry or April know.

## Statistics For Last Sunday & Wednesday of this week

Last Sun. Morning Attendance	79
Last Sun. Afternoon Attendance	n/a
Wed. Attendance	63
Sunday Contribution:	\$4,064

Go to [mixlr.com/bkess](http://mixlr.com/bkess) & listen to Bruce Kessler's on-line radio show, "Passion for Christ"

**Follow SCV on Instagram and facebook**

@scvchurchofchrist. Share with your family and friends.

# January Calendar

<b>1st Sunday</b>	7th	12:00 noon	Nursing Home Singing
<b>1st Wed</b>	3rd	6:30 p.m.	Pizza & Singing
<b>2nd Thursday</b>	11th	10:30-12:00	Glen Taylor's Bible Study - fellowship room
<b>2nd Saturday</b>	13th	10:00-11:30 a.m.	Food Pantry Opened
<b>2nd Sunday</b>	14th	1:00 p.m.	2nd Service (following lunch)
<b>3rd Sunday</b>	21th		Plan Fellowship with Other Members
<b>3rd Monday</b>	15th	7:00 p.m.	Bible Study at Mark & Kelly's Home
<b>4th Thursday</b>	25th	10:30 a.m.	Glen Taylor's Bible Study-fellowship room
<b>4th Saturday</b>	27th	9:00-11:00 a.m.	Men's Teacher Training

Every 5th Sunday we will have a pot luck luncheon in the Church fellowship room.

# Oklahoma Gospel Meetings

Coleman Church of Christ, Coleman  
Meeting - Ben Soto  
March 15 - 17 Evenings 7:00  
Sunday 10:00 & 1:00

Tulsa Church of Christ, T ulsa Meeting  
Brad Benoit April 24-28 Evenings 7:30  
Sunday 10:30 & 2:00  
Topic: The Case for Salvation

Tulsa Church of Christ, Tulsa Meeting  
Ty Fleming June 23 - 30  
Sundays 10:30 & 2:00 Evenings 7:30  
Topic: Hermeneutics

South Penn Church of Christ, OKC  
Meeting - Jay Loyd  
July 31 - August 4  
Evenings 7:00  
Sunday 10:00 & 1:30

Tulsa Church of Christ, Tulsa Meeting  
Mike Hall September 25 - 29  
Evenings 7:30 Sunday 10:30 & 2:00  
Topic: Grace and the Law

# A Carrot, An Egg, and Some Coffee Beans

A daughter complained to her father about her life and how things were so hard for her. She did not how she was going to make it and wanted to give up. She was tired of fighting and struggling. It seemed as one problem was solved a new one arose.

Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. Soon the pots came to a boil. In one he placed carrots, in the second he placed eggs, and the last he placed ground coffee beans. He let them sit and boil, without saying a word.

The daughter sucked her teeth and impatiently waited, wondering what he was doing. In about twenty minutes he and turned off the burners. He fished the carrots out and placed them in a bowl. He pulled the eggs out and placed them a bowl. Then he ladled the coffee out and placed it in a bowl. Turning to her he asked. "Darling, what do you see."

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