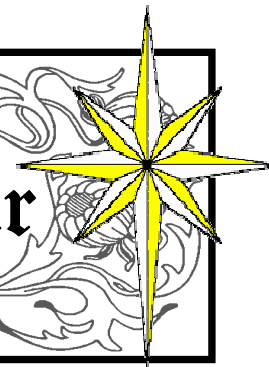


South Canadian Valley Church of Christ
c/o Larry Minson
1525 Oakhurst Ave.
Norman, Ok. 73071



Sunday Morning Star



SOUTH CANADIAN VALLEY CHURCH OF CHRIST
2217 24th Ave SW - Norman, Okla. 73072 - Phone 405-364-4051
June 9th, 2024 Issue #1356



Website: normanchurch.com - Email: normanscvelders@gmail.com

Facebook: facebook.com/scvchurchofchrist - Podcast: <https://normanchurch.buzzsprout.com/>

Elders
Glen Taylor Bruce Kessler Mark Woody
Craig Hayes

Deacons
Travis Ashley Larry Minson
Leslie Jones

Our Mission and Commitment Statement
As Christ's church our purpose is to go and make disciples of Christ, foster their spiritual growth, and equip them to serve the church and the community, thereby glorifying God.

Church Service Schedule
Sunday Mornings 10:00
Additional services at 1:00 on 2nd Sundays
Wednesday Evenings 7:00
Location: 2217 24th Ave SW Norman, Okla.
From HW 9 and 24th Ave SW, go two blocks south (on the left)
(check inside for more detailed monthly scheduled activities & information)

 to our visitors. We're very happy to have you here with us today. We hope we have made you feel welcome and invite you to be back with us anytime. Let us know if you have any questions or if we can help you in any way. Please fill out a visitors card.

Call if you need a ride to Church:
Bruce Kessler 405-820-8474
Travis Ashley 405-818-1144

Verse:

The grace of our Lord Jesus Christ be with your spirit. Amen.

Thought:

Have you noticed how words of blessing are in such short supply? There is something about our fallen state that makes sarcasm and ridicule easier to use than blessing. But, in God's family, words are always to be used for the benefit and blessing of others. What simpler or kinder words do

we need to use to bless others than these words Paul sent to Philemon? Let's find a way to say them ... and say them again ... and again ...

Prayer:

Loving Father, you have blessed me so much with your grace. Please use me to be a blessing to everyone I meet today. In Jesus' name I pray.
Amen.

By Phil Ware



Set Your Mind On Things Above

Today - June 9th - Following our morning services, stay for our cookout lunch and afternoon services at 1:00.

Glen Taylor's Bible study is This coming Thursday, June 13th in the Church fellowship room. 10:30 a.m. All are welcome in join them.

Next Sunday, June 16th - No other activities following morning services. This would be a good opportunity for members to meet together for meals, visitations, etc.

June Men's Bible Study – Tuesday the 25th - This month's men's Bible study will be held at the Church building on Tuesday, June 25th at 7 PM.

SCV Family Prayers are held on Zoom every Monday at 5:30 PM.
The Zoom Meeting ID is 3708723828 and the Passcode is 031923.

Follow our public assemblies on "Facebook Live" at www.facebook.com/scvchurchofchrist.

June Greeters	Issac May
June Communion Prep	Ashleys
July Greeters	Roeann Gibson
July Communion Prep	

June Sunday 2024 Schedule					
	2	9	16	23	30
AM Speaker	Travis Ashley	Mark Woody	Mike Hall	Craig Hayes	Michael McCorkle
1 PM Speaker		Leslie Jones			
Communion Lead	Jordan Winslow	Chris Hutcherson	Dustin Gaskins	Chris Taylor	Dale Danser
Usher	Joe Addison	Jake Rudd	Cuinn Hayes	Paul Woody	Chaney Jones
Usher	Jake Rudd	Brandon McCorkle	Jordan Winslow	Carter Hearst	Cuinn Hayes
Usher	Tanner May	Carter Hearst	Mark Barrett	Dustin Gaskins	Joe Addison
Usher	Isaac May	Paul Woody	Isaac May	Jake Rudd	Mark Barrett
Livestream	Brandon	Cuinn	Travis	Isaac	Brandon
Audio	Carter	Travis	Tanner	Kevin	Bruce
Reading	Chris Hutcherson	Rick Boaz	Chase Barrett	Mark Barrett	Leslie Jones
Prayer	Rick Boaz	Dale Danser	Chris Taylor	David Robinson	Ray Speights
AM Songs	Cuinn Hayes	Jordan Winslow	Brandon McCorkle	Leslie Jones	Craig Hayes
AM O/C	Craig Hayes	Larry Minson	Leslie Jones	Travis Ashley	Mark Woody

June Wednesday 2024 Schedule				
	5	12	19	26
Speaker	Pizza/Singing	Isaac May	Clyde Woody	Chris Hutcherson
Livestream	Isaac	Brandon	Cuinn	Travis
Audio	Travis	Tanner	Kevin	Carter
Open/Close	Bruce Kessler	Mark Woody	Craig Hayes	Larry Minson

(continued from page 5)

If our particular goals were easy, we wouldn't really need an app, would we? We wouldn't need the motivation or accountability. We usually want these things in place because we know there will be times when we just don't feel like doing what we're supposed to.

I'm just going to say this. Sometimes resisting temptation is hard. There are times when I feel selfish or really feel like things should be done my way. There are times when my pride refuses to back down. My mouth really runs riot with complaining or criticizing if I'm not guarding my speech. Sometimes my zeal for soul-winning fizzles out. And sometimes it's just hard to resist fleshly sins if there's something I want and I don't practice self-denial.

I once heard temptation compared to a donut for a dieter. There will be days the dieter can resist the donut with no problem. He's feeling strong so it's easy to say, "No, thanks!" He'll happily reach for an apple instead. But what about those days when all he can think about is that donut? It's hard, hard, hard to resist. I can see how sin is like that. When I'm feeling strong, it's not such a big deal. But when I'm feeling weak, I can surprise myself with how easy it is to give in. No wonder the apostle Paul wrote, "Therefore let anyone who thinks that he stands, take heed lest he fall" (1 Cor. 10:12)!

There can be many factors at play when temptation seems harder to resist. Perhaps I haven't been diligent in personal Bible study and prayer, so my spiritual armor isn't in place. Or maybe I'm experiencing a season of discouragement or frustration or exhaustion or disappointment. It's easy to see how I could make things harder for myself spiritually. It's just as easy to see how I could make things better for myself spiritually: time soaking in God's Word, time spent in prayer, and time spent with God's people.

God knew we would need a place of accountability and He provided it for us, a place among His people. How wonderful that, multiple times a week, we have an opportunity to show up and weigh in, if you will. To receive motivation, encouragement, and advice. To be surrounded by like-minded people who have the very same goals. And to humbly ask for help and prayers when we're weak and either giving in or giving up.

Paul went on to say, "No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it" (1 Cor. 10:13). I don't know what I'd do without my weekly spiritual weigh-ins. There's something fortifying about gathering with other Christians to praise God and grow together. We see each other's struggles and life-challenges. We pray for each other and hold each other accountable in the very best way.

Think about that special moment at the end of every gospel message in worship. "If anyone needs to come..." It's a personal invitation to receive prayers and encouragement. I get to do a heart-check every time. Do I need help resisting temptation? Is my faith growing cold? Am I in a valley, or feeling spiritually weak?

"Let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near."

(Hebrews 10:24-25)

By Kathy Pollard

Praying for you

James 5:16 - *Confess your faults one to another, and pray one for another, that you may be healed. The Effectual fervent prayer of a righteous man availeth much.*

If you need prayers from the church, please call or text Larry at **405-820-9506** or April at **405-833-7207** or email us at: **Lminson319@gmail.com.**

Susan is at home now and doing well following a couple of days in the hospital.

Chaney Jones is healing very nicely following surgery last Friday to remove his gall bladder.

Cheryl Reagan visited the Church Food Pantry on Saturday and is asking for prayers for herself. She lost her husband last year and is struggling with it.

John Robinson's wife, Nikki Robinson is very ill and is asking for your prayers.

Michelle Barron has been diagnosed with Myelodysplasia. She has been doing weekly started her treatments and so far is doing better.

Mary Barrett was scheduled for surgery but it has been postponed..

Travis Ashley is asking for prayers for his childhood friend, Dennis Clark, who suffers with cancer. He is now at home and doing well.

Jean & Chris Taylor are asking for prayers for their daughter, Chrysti Kendrick that her health will improve.

Suffering with cancer:

Taylor Epperson, 22 yr. old niece of a good friend of the Addisons * Ray Speights * Susan Hutcherson with NET Cancer * Sheila Dorn's mother, Clara Kaniatobe has lung cancer * Sean Hanley's wife Laurie with Colon Cancer * Joe Addison's cousin, Norman Festervand has stage 4 cancer * Joe Addison's sister-in-law Teresa Addison * Joe Addison's sister-in-law, Rhonda Addison has early stage cancer * Arlinda Geffen, a friend of Tanya Speights with breast cancer * Nicole Robinson's brother, Chris has Leukemia * Lakela Whinery's cousin, Hayden Reagan has Leukemia.

Always keep in our prayers:

Tanya Speights stage 4 Kidney disease * Della Combest's daughter-in-law, Laura Combest, has Alzheimer's * Bruce Kessler with Parkinson's Disease * Cassia Woody suffers with POTS * Linda Thompson's brother, Jerry McNichols suffers with extreme Arthritis * Chris Hutcherson's father, Dan Hutcherson suffers with chronic pain. * Jim & Bonnie Osborne with chronic pain * Joe Addison's mother, Ruthie Addison * Leslie Jones' mother with COPD * Loraine Ashley with a severe auto immune disorder* Dean Howard

Please keep in your prayers those serving in the military & all first responders.

June

Nathan Hale	4th
Craig Hayes	5th
Hannah Winslow	5th
Roeann Gibson	8th
Susan Robinson	10th
Rachael Whinery	12th
Tanner May	13th
Elaina Hess	17th
Karli Sneed	18th
Aubrey Danser	20th
Ellis Claunch	26th
Buddy Davis	28th
Jesse Gaskins	29th
Chris Hutcherson	29th

If your birthday or anniversary was left out, let Larry or April know.

Go to mixlr.com/bkess & listen to Bruce Kessler's on-line radio show, "Passion for Christ"

June Anniversaries

Leslie & Cathy Jones 10th
 Jim & Bonnie Osborne 15th
 Craig & Emily Hayes 17th
 Mark & Kelly Woody 20th
 Daniel & Alisa Fryar 21st
 CD & Rachael Whinery 23rd
 Rick & Tammy Boaz 28th

Statistics For Last Sunday & Wednesday of this week

Last Sun. Morning Attendance	83
Last Sun. Afternoon Attendance	n/a
Wed. Attendance	67
Sunday Contribution:	\$6,144

**Follow SCV on
 Instagram and Facebook**
scvchurchofchrist.
 Share with your family and friends.

June Calendar

1st Sunday	2nd	12:00 noon	Nursing Home Singing
1st Wed	5th	6:30 p.m.	Pizza & Singing
2nd Thursday	13th	10:30-12:00	Glen Taylor's Bible Study - fellowship room
2nd Saturday	8th	10:00-11:30 a.m.	Food Pantry Opened
2nd Sunday	9th	1:00 p.m.	2nd Service (following lunch)
3rd Sunday	16th		Plan Fellowship with Other Members
3rd Monday	17th	7:00 p.m.	Bible Study at Mark & Kelly's Home
4th Thursday	27th	10:30 a.m.	Glen Taylor's Bible Study-fellowship room
4th Saturday	22nd	9:00 a.m.	Men's Teacher Training

Every Monday at 5:30 PM we will have "Prayer Together With the Church". The meeting ID and passcode will be texted to you. Be sure you have "opted in" to texts.

Every 5th Sunday we will have a pot luck luncheon in the Church fellowship room.

Oklahoma Gospel Meetings

Sooner East Church of Christ, Midwest City
 Meeting - Nathan Springer
 June 9 - 16
 Evenings 7:30
 Sunday 10:00 & 2:00

East Main Church of Christ, Stratford
 Meeting - Jameson Crouch
 June 9 - 16
 Evenings 7:30
 Sunday 10:30 & 2:00

Shawnee Church of Christ, Shawnee
 Singing Instruction - Ian Jones
 June 16 - 23
 Evenings 7:30
 Sundays 10:00 & 2:00
 Topic: Learning to Praise the Lord in Song
 (Saturday will be an area-wide singing)

Tulsa Church of Christ, Tulsa
 Meeting - Ty Fleming
 June 23 - 30
 Evenings 7:30
 Sundays 10:30 & 2:00
 Topic: Hermeneutics

Main Street Church of Christ, Alex
 Meeting - Chase Palmer
 July 7 - 14
 Evenings 7:00
 Sundays 10:30 & 1:30

North Jardot Church of Christ, Stillwater
 Meeting - Chase Palmer
 July 14 - 21
 Evenings 7:00
 Sundays 10:30 & 2:30

South Penn Church of Christ, OKC
 Meeting - Jay Loyd
 July 31 - August 4
 Evenings 7:00
 Sunday 10:00 & 1:30

9th & Colorado Church of Christ, Chickasha
 Meeting - Lee Adair
 August 2 - 4
 Sunday 10:30 & 1:30
 Evenings 7:00

Tulsa Church of Christ, Tulsa
 Meeting - Mike Hall
 September 25 - 29
 Evenings 7:30
 Sunday 10:30 & 2:00
 Topic: Grace and the Law

South Canadian Valley Church of Christ
 Norman, OK
 Meeting - Ian Jones
 October 25 - 27
 Evenings 7:00
 Sunday 10:00

52 Reasons to Love the Church #23 - Accountability By Kathy Pollard

I've never actually been to a Weight Watchers meeting, but I remember hearing about them back in the day. They were popular because the weekly in-person sessions gave dieters the opportunity to weigh in, encourage each other, and receive motivation and advice. I imagine this support played a key role in the success of sincere members. Many of us today utilize fitness apps where we can track our diet and exercise. My husband is a runner and likes to use the Strava app to log his miles and see the progress of fellow runners. What these things have in common is an opportunity to check in (or a needed reminder to show up). A little bit of accountability can make a big difference in reaching our goals.

(Continued on page 6)